

## True Cajun Cooking is my Passion.

I was Taught to cook this good old fashion way by my Mother inlaw Mrs. Kat when i was just 16 years old when i married her son and now i have my own Restaurant. ( Cafe de Lasalle ) in Ville Platte La. In the center of Cajun Country. Im am truley Blessed to know all these great secrets of such an awesome culture.

I would love to pass on these special recipes. AND How to's : just knowing the ingredients is not enough. Its all in the Pots and spoons and seasoning and temperatures and time. Thats a lot of things we put together just right to achieve the awesome final results we love when we sit with our Family's at the dinner Table. Thats right i did say Family's because here at-least at our House many are chosen Family but are never blood related. Its a choice to love others.