

True Cajun Cooking is my Passion.

I was Taught to cook this good old fashion way by my Mother inlaw Mrs. Kat when i was just 16 years old when i married her son and now i have my own Restaurant. (Cafe de Lasalle) in Ville Platte La. In the center of Cajun Country. Im am truley Blessed to know all these great secrets of such an awesome culture.

I would love to pass on these special recipes. AND How to's : just knowing the ingredients is not enough. Its all in the Pots and spoons and seasoning and temperatures and time. Thats a lot of things we put together just right to achieve the awesome final results we love when we sit with our Family's at the dinner Table. Thats right i did say Family's because here at-least at our House many are chosen Family but are never blood related. Its a choice to love others.